



屯門官立中學

Tuen Mun Government Secondary School

2025-2026



Cultivate Virtue,
Pursue Knowledge



尊
德
問
學



School Motto

Cultivate Virtue, Pursue Knowledge

尊德問學



School Introduction and Mission

Tuen Mun Government Secondary School was established in 1982 and is the first co-educational grammar school operated by the government in the area. Currently, the school has 24 classes with approximately 670 students. Our school is dedicated to providing an ideal learning environment and fostering a pleasant atmosphere for learning, enabling students to fully develop their potential and become knowledgeable, cultured, and responsible individuals.

學校簡介及辦學宗旨

屯門官立中學創辦於一九八二年，是本區第一所由政府開辦的男女文法中學，現設有二十四班，學生人數約六百七十人。本校致力為學生提供理想的學習環境，營造愉快的學習氣氛，使他們的潛能得以充份發展，成為一個有識見、有修養和負責任的人。

Teaching Staff Structure

教職員編制

In addition to the Principal, the school has a total of 51 teachers, including three Vice Principals and one native English teacher. Our teaching staff are highly qualified, with all teachers holding university degrees and having received recognised teacher training. Among them, 46% hold master's degrees. Additionally, all teachers teaching English and Putonghua have met the language proficiency requirements. 87% of the teaching staff have over ten years of teaching experience, and they are dedicated to guiding students with enthusiasm and care.

除校長外，本校共有教師五十一位，其中包括副校長三位及外籍英語教師一位。本校師資優良，全部教師具大學學位及接受認可師資培訓，其中擁有碩士學位的教師佔百分之四十六。此外，本校任教英文科及普通話科的教師，已全部達到語文能力要求。全校教師的教學年資有百分之八十七達十年以上，他們對學生諄諄善誘，充滿教學熱誠。



Hong Kong Diploma of Secondary Education Examination Results

Our students achieve excellent results in the Hong Kong Diploma of Secondary Education Examination every year, which is encouraging. Last year, the best results of individual students were as follows:

本校學生每年在中學文憑考試中均取得優異成績，令人鼓舞，上年度個別學生最佳的成績如下：

學生姓名		取得佳績		
		5**	5*	5
陳朗廷	CHAN Long-ting	5	—	2
勞偉怡	LO Wai-yi	4	2	1
李鑫威	LI Yam-wai	2	2	—
李振麒	LEE Chun-ki	2	1	1
張兆城	ZHANG Siu-shing	1	1	3
陳天藍	CHAN Tin-lam	—	4	1
黃宇馨	HUANG Yu-hing	—	2	2
伍樂恩	NG Lok-yan	—	2	2
黃敏思	WONG Man-sze	—	2	1



Outstanding Students in HKDSE

Remark: Including the results of Mathematics (Module 2)

With pride and joy, our S6 top scholars have made their way to some of the well-esteemed programmes below:

我們滿懷喜悅與驕傲，見證中六傑出學生成功入讀備受推崇的課程。

University	Degree Programme	No. of offers
HKU	Dental Surgery	1
	Science in Surveying	1
CUHK	Medicine (MBChB) Programme: Global Physician-Leadership Stream	1
	Chinese Language and Literature	1
	Economics	1
	Enrichment Stream in Theoretical Physics	1
	Nursing	1
	Electronic Engineering	1
	Government and Public Administration	1
	Information Engineering	1
	Learning Design and Technology	1
	Music	1
HKUST	Economics and Finance	1
	Business and Management	1
	Economics	1
PolyU	Occupational Therapy	1
	Radiography	1
	Accounting and Finance	1
	Architectural Studies	1
	Building Engineering and Management	1
	Business Administration	1
	Civil Engineering	2
	Computing and AI	1
	Construction and Environment	1
	Electrical Engineering	1
Surveying	1	
CityU	Accountancy	1
	Biomedical Engineering	1
	Crime Science and Laws (Double Degree)	1
	Economics and Finance	1
	Electrical Engineering	1
	Finance	1
	Global Business Management	1
HKBU	Business Administration	1
	Communication	1
LU	Business Administration	1
	Translation	1



Learning and Teaching

學與教

In 1998, our school was designated by the Education Department as a secondary school suitable for using English as the medium of instruction. Except for Chinese Language, Chinese Literature, Chinese History, Citizenship and Social Development, Health Management and Social Care, as well as Putonghua, all subjects are taught in English. In line with other language teaching policies, we are committed to enhancing students' proficiency in Chinese and English. Our school emphasises the promotion of students' academic development, offering various academic support and enrichment measures. We provide enhancement programmes outside the regular curriculum to support students in overcoming learning difficulties, deepen their understanding of various subjects, and boost their confidence in examinations. Additionally, we run a "Summer School Programme" for students entering Secondary 1 during the summer break, offering bridging courses to help them quickly adapt to an English language teaching environment and enhance their learning confidence.

一九九八年本校被當年的教育署列為適合以英語授課的中學，除中國語文、中國文學、中國歷史、公民與社會發展、健康管理與社會關懷科及普通話科外，各科目均採用英語授課，並配合其他語文教學政策，致力提高學生兩文三語的水平。本校著重促進學生的學術發展，設有多項學業支援及拔尖保底措施，在常規課程外設有增潤課程，幫助學生解決學習上的困難，加深他們對學科的認識及增強他們應試的信心。此外，也為升讀中一的學生在暑假期間開辦「暑期學校」，提供銜接課程，幫助他們盡快適應以英語授課的環境，提升他們學習的自信心。



鐳射切割及三維打印人工智能物聯網應用基礎課程

淡水龜保育活動之官河迷局劇本殺

Subjects Offered in 2025-2026

Subject	S.1	S.2	S.3	S.4	S.5	S.6
Chinese Language	✓	✓	✓	✓	✓	✓
Chinese Literature				✓	✓	✓
Chinese History	✓	✓	✓	✓	✓	✓
Putonghua	✓	✓				
English Language	✓	✓	✓	✓	✓	✓
Mathematics	✓	✓	✓	✓	✓	✓
Mathematics Extended Part Module 2				✓	✓	✓
Citizenship, Economics and Society	✓	✓	✓			
Citizenship and Social Development				✓	✓	✓
Science	✓	✓	✓			
Physics				✓	✓	✓
Chemistry				✓	✓	✓
Biology				✓	✓	✓
Geography	✓	✓	✓	✓	✓	✓
Strategies and Management			✓			
Business, Accounting and Financial Studies				✓	✓	✓
Economics				✓	✓	✓
Health Management and Social Care				✓	✓	✓
History	✓	✓	✓	✓	✓	✓
Computer Literacy	✓	✓	✓			
Information and Communication Technology				✓	✓	✓
Technology and Living	✓	✓				
Music	✓	✓	✓			✓#
Visual Arts	✓	✓	✓	✓#	✓#	✓#
Physical Education	✓	✓	✓		✓#	



碳交易與綠色金融工作坊



菇菌科學STEAM工作坊



On the other hand, we analyse and organise students' academic performance within the school, using charts and data to monitor their learning progress and assist them in setting structured learning goals and plans, thereby improving learning effectiveness. Furthermore, our school advocates for self-directed learning, encouraging students to develop reflective habits during the learning process to maximise their learning outcomes. Moreover, we promote STEAM education and extensive reading programmes to cultivate students' research and exploratory spirit, while fostering the use of e-learning as a medium for learning and teaching to align with current educational trends.



Analytical Chemistry Challenge

另一方面，本校把學生在校內的學術表現加以整理分析，以圖表及數據追蹤學生的學習進度，協助他們制訂有條理的學習目標和計劃，提升學習效能。其次，本校提倡學生自主學習，培養學生在學習過程中的反思習慣，發揮學習的最大果效。再者，本校透過推廣 STEAM 教育和廣泛閱讀計劃，培養學生的研究和探索精神，並提倡利用電子學習作為學與教的媒介，以配合教育及時代發展的趨勢。



Speech Day



AI發明家課程



Analytical Chemistry Challenge



可觀自然教育中心暨天文館觀星活動

Whole Person Development of Students

學生全人發展



學藝發展日中二級戶外義工服務

Students' whole-person development has long been the prime concern of our school. Through organising numerous activities including implementation of "Power-up Station", "4Rs Mental Health Charter", "Values Education" and the "Healthy School Programme", the Student Support Teams have effectively promoted students' physical, mental and spiritual wellness.



誠信無價書法比賽暨新春揮春體驗

學生的全人發展一直是我們學校的首要關注事項。我們通過組織眾多活動，包括實施「加油站」、「4Rs 心理健康約章」、「價值教育」和「健康校園計劃」，學生支援團隊有效地促進了學生的身心靈健康。



獅藝



水耕種植



清新大使Level Up學堂(和諧粉彩)



中六「為你打打氣」活動



領袖訓練

Our school emphasises the holistic development of students and has established six key qualities for TMGSSers: "Positive Thinking," "Self-discipline, Self-management, and Self-respect," "Readiness for Life Planning," "Leadership Qualities," "Perseverance," and "Global Vision." We encourage students to step out of the classroom and embrace lifelong learning, aiming to cultivate them into active, knowledgeable, and responsible global citizens.

本校著重學生的全人發展，確立了「屯官人」的六大素質，分別是「正向思維」、「自律、自理、自重」、「為人生做準備」、「領袖能力」、「堅毅精神」及「世界視野」，鼓勵學生走出課堂，終身學習，使他們成為積極、有識見和負責任的世界公民。



甜甜加油站



蘇樺偉分享會





In recent years, our school has implemented a series of Values Education activities, actively promoting a culture of "Gratitude" and "Care" to establish a simple and positive school ethos. As a result, students enthusiastically participate in community service and are eager to help others. Our school has been running "The Big Brother and Big Sister Programme" for many years, in which each Secondary 1 student is paired with senior students throughout the year to help them adapt to secondary school life, embodying the spirit of "mutual help and love" at TMGSS.

近年來，我們學校推行了一系列價值教育活動，積極宣揚「感恩」及「關愛」文化，以建立純樸優良校風。在耳濡目染下，學生均熱衷參與社區服務，樂於助人。本校推行「大哥哥大姐姐計劃」多年，每名中一新生全年均有高年級同學帶領協助適應中學生活，體現屯官「互助互愛」的精神。



Other Learning Experiences

其他學習經歷

Our school provides a balanced education that emphasises the development of students in five areas: moral, intellectual, physical, social, and aesthetic. Through collaboration with related functional teams, namely Guidance and Counseling, Career and Life Planning Education, Moral and Life Education, Civic Education, Health and Sex education, Environmental Education, Extracurricular Activities, we are committed to offering students a diverse range of learning experiences beyond the lesson to broaden their horizons. Our students have made remarkable achievements in inter-school English debate competitions, inter-school English drama competitions and inter-school sports competitions. In music, with our well-trained Chinese Orchestra and Symphonic Band, we provide multifarious music activities, namely music concerts, mainland as well as overseas exchange programmes, plus public music performances to broaden students' global vision.

本校提供均衡教育，著重學生德、智、體、群、美等五育的發展。本校訓導、輔導、生涯規劃教育、德育及生命教育、公民與國民教育、健康及性教育、環境教育、課外活動組及相關學科，致力為學生提供多元化的其他學習經歷，擴闊學生的視野。我們的學生在校際英語辯論比賽、校際英語話劇比賽和校際球類比賽中取得了顯著的成就。在音樂方面，我們擁有訓練有素的中樂團和交響樂團，提供多樣化的音樂活動，包括音樂會、內地及海外交流項目，以及公開音樂表演，以拓寬學生的全球視野。



學界越野比賽



樓宇安全學生大使計劃



聯校音樂大賽



第11屆「阿爸、阿媽，食飯喇！」校際戲劇初賽



生涯規劃教育組迪士尼工作體驗坊



Drama Production
Life's Complexities-What Would You Choose



古月中秋傳統節活動



海洋公園淡水龜保育計劃護理培訓工作坊



義工及傳統文化體驗營



智慧城市專題展覽暨頒獎典禮



學藝發展日中二級戶外義工服務



Outstanding Achievements of Students

學生傑出成就 2024-2025



4B吳靖謠
SCMP Student of the Year



5C曾澤熙
SCMP Student of the Year



3D陳曦榮獲2024-2025中國中學生
作文大賽(香港賽區)旭日文學之星獎



2D吳勝宇榮獲
蘭亭勝會新界區
毛筆書法比賽第一名



6D王培智榮獲少年作家獎



本校辯論隊榮獲臥龍盃
多角辯論賽季軍



5A曾靜雅榮獲城市文學獎
小說中學組季軍



向老師致敬2024學生比賽頒獎
典禮暨展覽會(中文徵文比賽
高中組亞軍 初中組優異獎)



蘭亭勝會 新界區毛筆書法比賽得獎同學

語言及學術



Languages and Academics

- 第 76 屆香港校際朗誦節：個人英語演講冠軍；散文獨誦亞軍；詩詞獨誦亞軍及季軍；新聞專題簡報季軍；二人戲劇對話朗誦季軍
- 聯合國可持續發展目標辯論比賽：中六組最佳辯論員；中五、中四、中三組第三名
- 第十四屆官立中學聯校英語辯論比賽：最佳辯論員；第三名
- 第十三屆大學文學獎：少年作家獎
- 2025 大灣區資優創意徵文比賽：金獎及「星中之星」
- 第五屆香港青少年及兒童徵文大賽：冠軍、亞軍、季軍
- 第四屆國際青少年中文寫作大賽：高中組亞軍及優異獎；初中組優異獎
- AI 中文故事創作賽：銀獎及優異獎
- 「菁英盃」現場作文決賽：二等獎及三等獎
- 「文裕盃」徵文大賽：季軍
- 臥龍盃校際多角辯論賽：季軍
- 理財策劃挑戰賽優異獎；
- 全港中學生精明理財挑戰賽冠軍
- The 76th Hong Kong Schools Speech Festival: Public Speaking Solo – Champion & Second Prize; Solo Prose Reading – Second Prize; Solo Verse Speaking – Second Prize & Third Prize; News Feature Presentation – Third Prize; Dramatic Duologue – Third Prize
- UNESCO SDGs Debating Competition: EMI F.6 Division – Best Speaker Award; EMI F.5 Division – 2nd Runners-up; EMI F.4 Division – 2nd Runners-up; EMI F.3 Division – 2nd Runners-up
- The 14th Inter-Government Secondary Schools English Debating Competition: Best Debater Award (Preliminary Round / Quarter-Finals); 2nd Runners-up
- The 13th University Literary Awards: Young Writer Award
- The Greater Bay Area Gifted Creative Writing Competition Spring 2025: Gold Award; 'Star of the Stars Award'
- The 5th Hong Kong Youth and Children Writing Competition: Champion, 1st Runner-up and 2nd Runner-up
- The 4th Global Youth Chinese Writing Competition (HK-MO-TW Region): Senior Division – 1st Runner-up; Senior Division - Merit Award, Junior Division - Merit Award
- 2025 AI Chinese Story Creation and AI Image Generation Competition: Silver Award (Secondary Division); Merit Award (Secondary Division)
- 'Ching Ying Cup' On-site Writing Contest 2024-25 (Final Round): Second Class Honour; Third Class Honour
- The 10th 'Wenyu Cup' Inter-school Writing Competition 2025: 2nd Runner-up
- The 6th Inter-government Secondary Schools Multi-perspectives Debating Competition: 2nd Runner-up
- Financial Planning Challenge 2025: Merit Award
- Hong Kong Financial Literacy Championship 2025: Champion

藝術發展



Aesthetic Development

- 🏆 官立中學聯校英語戲劇比賽：傑出導演、劇本、演員、合作、舞台效果、整體表演及評判推介大獎
- 🏆 莫奈國際藝術大獎：金獎
- 🏆 香港公開舞蹈比賽：金獎（中國舞）
- 🏆 屯門區舞蹈比賽：金獎（東方舞）
- 🏆 香港青少年藝術繪畫大賽：金獎
- 🏆 香港國際舞蹈比賽：拉丁舞 U16 獨舞亞軍，U21 獨舞季軍
- 🏆 香港青年音樂匯演：管樂團銀獎
- 🏆 全港聯校音樂大賽：管樂團及弦樂團銀獎
- 🏆 The 7th Inter-government Secondary Schools Drama Fest 2024-25: Award for Outstanding Director; Award for Outstanding Script; Award for Outstanding Performer; Award for Outstanding Cooperation; Award for Outstanding Stage Effect; Award for Commendable Overall Performance; Adjudicator's Award
- 🏆 The Monet International Art Prix: Gold Award
- 🏆 The 53rd Open Dance Contest 2025: Gold Award (Chinese Dance - Open Group)
- 🏆 The 39th Tuen Mun District Dance Competition: Gold Award (Oriental Dance - Open Group)
- 🏆 Hong Kong Youth and Children Art Drawing Competition: Gold Award (Secondary Division)
- 🏆 Hong Kong International Dance Championships: Second Place - Solo Latin U16; Third Place - Solo Latin U21
- 🏆 2024 Hong Kong Youth Music Interflows: TMGSS Symphonic Band - Silver Award
- 🏆 2024-25 Hong Kong Joint School Music Competition: TMGSS Symphonic Band - Silver Award; TMGSS String Orchestra - Silver Award



5C曾澤熙 SCMP Students of the Year



4B吳靖謠
Hong Kong International
Solo Latin



5C曾澤熙榮獲香港公路繞圈賽公開組總冠軍



3C黃睿翹榮獲跆拳道錦標賽
個人品勢組冠軍



5A賴凱文榮獲
屈臣氏集團香港學生運動員獎



第七屆官立中學聯校英語戲劇比賽
評判推介大獎公開演出暨頒獎典禮



4B吳靖謠 SCMP Student of the Year



2B張瑞彬及3C張皓晴分別榮獲2025大灣區
資優創意徵文比賽星中之星獎及金獎

體育發展



Physical Development

- 🏆 屯門區校際排球比賽 U15 季軍
- 🏆 香港公路繞圈賽公開組總冠軍
- 🏆 校際游泳錦標賽：女子乙組 4x50 米自由泳接力冠軍
- 🏆 國慶盃羽毛球青年公開組冠軍
- 🏆 Inter-school Volleyball Competition 2024-25 (Tuen Mun District): 2nd Runner-up - U15 Girls
- 🏆 Hong Kong Road Criterium Race 2024-25 - Series 1 and All Series: Overall Champion (Open Division)
- 🏆 Inter-school Swimming Championship 2023-24 (Tuen Mun District): Champion - Girls Grade B 4X50m Freestyle Relay
- 🏆 The 2024 National Day Cup - Youth Badminton Competition: Champion (Youth Open Division)



本校學生榮獲機甲聯盟青少年對抗賽季軍



5B羅梓穎榮獲卓越學生環保大使



本校榮獲香港學界生物創科 STEAM 教育獎



姊妹學校交流計劃「協同創新」
參訪深圳無人機產業園

STEAM 發展



STEAM Development

- 🏆 數據宇宙守護者比賽：優異獎
- 🏆 卡卡頌挑戰賽：個人金獎；團體賽冠軍
- 🏆 中學生空間站科學方案設計賽：銅獎
- 🏆 IYSEC 創科大賽：無人機編程賽季軍；手動遙控賽最佳合作獎
- 🏆 Guardians of the Dataverse IG Reels Competition: Merit Award
- 🏆 St. Edward Carcassonne Elite Challenge: Individual Gold Award; Team Champion
- 🏆 Hong Kong Secondary Student Space Station Popular Science Payload and Science Experiment Design Challenge: Bronze Award
- 🏆 International Youth STEAM Education Competition: Drones Programming Competition - 2nd Runner-up
- 🏆 International Youth STEAM Education Competition: Drones Manual Competition - Best Cooperation Award

獎學金



Scholarships and Other Awards

- 🏆 尤德爵士紀念基金高中學生獎
- 🏆 哈佛圖書獎
- 🏆 《憲法》和《基本法》計劃：金、銀、銅獎
- 🏆 iTeen 領袖訓練計劃：金獎
- 🏆 香港青年獎勵計劃：銀獎
- 🏆 2024-25 Sir Edward Youde Memorial Prizes for Senior Secondary School Students
- 🏆 The Hong Kong Harvard Book Prize
- 🏆 The "Constitution" and "Basic Law" Student Ambassador Training Scheme: Gold Award; Silver Award; Bronze Award
- 🏆 The iTeen Leadership Training Programme: Gold Award
- 🏆 The 103rd Hong Kong Award for Young People Award Presentation: Silver Award

School Facilities

校舍設備

We take pride in our beautiful and spacious green campus, complemented by fully equipped facilities. Our school houses 26 standard classrooms and 28 special rooms, including four laboratories, School History Gallery, Lecture Theatre, two Computer Rooms, Music Room, Geography Room, Technology and Living Rooms, Visual Arts Room, Library, Guidance Room, Interview Room, English Drama Room, STEAM Maker Hub, Student Activities Centre and Student Association Office. The entire school is air conditioned, providing a comfortable environment for learning. Additionally, the school is also equipped with a School Hall, a covered playground, and an outdoor playground. Sports facilities include a basketball court, a volleyball court, a badminton court and more—providing an ideal setting for students to explore their potential and prepare for future careers.

In light of the growing trend of information technology in education, each classroom is fitted with a computer, a multimedia projector and a visualiser. All facilities are connected to the internet, enabling students to fully utilise them for greater learning efficiency.



校史廊



創客坊



實驗室



學生活動室



校園電視台



演講廳



英語話劇室



禮堂



圖書館



音樂室



電腦室

本校校園環境寬闊優美，樹木青蔥，設備完善，共有標準課室 26 間，特別室 28 間：包括四間實驗室、校史廊、演講廳、兩間電腦室、音樂室、地理室、科技與生活室、美術室、圖書館、輔導室、會客室、英語話劇室、創客坊、學生活動中心及學生會辦事處等。全校均已安裝了空調設備，給學生一個舒適的學習環境。此外，本校亦有禮堂、有蓋操場和露天操場等。體育設施包括籃球場、排球場及羽毛球場等，誠為莘莘學子進德修業的理想園地。

鑑於資訊科技教育的趨勢，本校所有課室及特別室均設有電腦、投影機及實物投影機，以及連接寬頻互聯網，全校更鋪設無線網絡，讓學生可以無障礙地使用資訊科技學習，培養自主學習精神，以求達致更佳學習效果。

Tuen Mun Government Secondary School Open Day Cum Information Day for S1 Admission 2025-2026



屯門官立中學開放日 暨升中資訊日

日期：15/11/2025 (星期六)
時間：上午 9:00 至下午 3:30
主題：承先啟後

Tuen Mun Government Secondary School
Open Day Cum Information Day
for S1 Admission

Date: 15/11/2025 (Saturday)
Time: 9:00 am to 3:30 pm
Theme: Honouring the Past,
Embracing the Future

升中資訊日講座

時間：中午 12:00 至下午 1:00 (無需報名)



電話：2458 0459

傳真號碼：2618 3160

地址：屯門青山公路 393 號

電郵地址：enquiry@mail.tmgss.edu.hk

網址：http://www.tmgss.edu.hk/



Website